



COSMIC DESIGN



FALL 2025



MODULE 2 Part 5 - Transcript (verbatim):

Opening Context

Welcome to Part 5 of Module 2. Now, I realize that I just spent the majority of Module 2 talking about the Midheaven, the North Node, and the Rising Sign. And you might be asking yourself, *well, don't we usually start with the Sun sign?*

No—yes, of course, in traditional astrology, many people associate their zodiac sign with the placement of their Sun. And the Sun placement is so important when we're reading a birth chart.

And also, the reason I start with the keys—again, the Midheaven, North Node, and Rising Sign—is because those are the parts of the birth chart that are **not celestial bodies**. They don't have a place in the solar system because they aren't a planet or the Sun or the Moon.

They are more **energetic portals**. They are placements in the sky because of a crossing of an energy or a rising of a constellation. They are not an actual celestial body.

The Keys as Energetic Portals

They hold a different type of energy in the birth chart.

They are the **keys**—the life's purpose, the real alignment energy, the mapping energy.

They are the energies that work in a trinity, in a trifacta, in that metaphor of the endpoint, the compass, and the map.

So those three energies to me feel **hyper-intentional** to look at when we are first reading a birth chart.

And then we move into the cosmic bodies—so we can tune into the portals and the energies that guide them first, the **map of the incarnation**, and then go into the placements of the Sun, the Moon, the planets, and all of the other details of the chart.

What the Sun Represents in the Birth Chart

So let's go into now: *what does the Sun represent in a birth chart?*

What is our solar system, and why does it all matter?

The Sun in the birth chart represents the **life-force energy**.



Think of us like houseplants. Houseplants need Sun to survive. Broaden that example a little bit further—plants need Sun to survive, animals need Sun to survive, and guess what? We too, as humans, need the Sun to survive.

But not just on a cellular, biological level. Yes, we need that vitamin D. We need to be receiving that beautiful life-force energy from the Sun in order for these physical vessels to continue to thrive.

And also, our **soul code** needs the Sun to really be turned on and activated.

The Sun as a Code of Thriving

When we talk about the Sun placement in a birth chart, we are talking about the **energetic code of the Sun**—the life-force energy that's going to activate the soul code within us so that we can feel aligned with our life-force energy and move in a way that will allow us to thrive.

Our Sun placement is that energy that not only supports our **survival** but also allows us to **thrive** in this incarnation.

That's what I mean by *thrive*. Thriving is when we are aligned with the energetic signature of that which makes us feel most alive.

It's a very external expression.

The Sun sign in our birth chart is going to give us the **information**—the code—that guides us into how to move through this world.

Not the path on which we walk (which again is that rising energy, that mapping energy), but **how** to do it.

Not in a way that we are subscribing to or minimizing ourselves to fit into particular personality traits or archetypal patterns, but to ask:

What is the actual personality? What is the actual archetypal pattern that is going to allow us, as an individual, to thrive in this life?

Thriving as Alignment with Life Force

That is the Sun sign. When you read a Sun sign for yourself or for someone else, think about **life-force energy**—the energy that allows us to thrive, the energy that gives us that ultimate permission to be exactly who we are as we move through this world.

As we interact with other people, professions, gifts, and purpose, the thriving energy is the energy that we pull through from the placement of the Sun.

The Sun as a Stargate

We can't talk about the Sun without talking about how it is the **center of our solar system**.

Each Sun acts as a **portal**.

And when I say “each Sun,” I mean that each **star**—and each star is, in a sense, a Sun—acts as a portal or connection to the rest of the galaxy and the rest of the universe.

So our Sun is a **Stargate**, if you will, that connects us through to other places and potentially dimensions.

Souls and the Solar System

Broaden your creativity and imagination here. When I say Stargate, yes, I am actually invoking the idea that we might be able to move through various different realms and dimensions.

And also, I'm talking about it more from the **soul perspective**.

When souls choose to incarnate on Earth, when souls choose to come into this solar system, they are choosing this system for a particular experience of their soul.

Why do we call it a **solar system**? Because it is a **system of souls**. Souls come into this solar system, onto this planet, for a very particular human experience.

Metaphysical Disclaimer

Full disclaimer—this is pretty metaphysical.

So if this does not resonate with you, go ahead and pause the video now, and you don't have to listen to this part of the lecture.

Soul Travel and Intentional Incarnation

What I really want to bring forward is this concept of our souls traveling through the **multiverse**, traveling multiple **dimensions** and **incarnations**.

When we land here, in an incarnation on Earth, in this solar system, it is very intentional because of not only the planet but also the **energy that can only come from this star—our Sun**.

Our soul chooses an incarnation on this planet in order to have the exact experience that it needs to have in order for it to evolve.

So the concept of thriving is not just about the physical body or personality—it's also about how our **soul** is going to thrive on this planet in relationship to this star.

That choice is made with **extreme intention** when a soul decides to come into an incarnation.

Two Aspects of the Sun in the Chart

The Sun in a birth chart is not just one thing—it's actually **two things**:

1. The thriving energy of how to move through this world, how to move through this incarnation.
2. A reminder of something much bigger and much greater.

This Sun holds a very particular **signature**, and our soul chose to be a part of this solar system to receive the energy of our particular star.

Reflective Inquiry

Think about that for a while as you look at your Sun sign in your birth chart.

Where is your Sun situated?

What constellation is it in?

How can you start to intuit or feel the energy that allows you to thrive and the energy that allows you to be your best, highest expression as you move through this life?

What does that **thrival energy** feel like?

Then ask yourself:

Why was it this Sun? Why this solar system? Why this system of souls that I chose to come into?

Closing Reflection

We'll talk about why we chose Earth when we move into the section on Earth, much later in the training.

But for now—intuit, feel, sense, and imagine your connection not only to your thriving energy, your life-force energy, but also to:

Why this solar system? Why this Sun? Why did you choose this star?

As always, thank you so much for being here.

