



COSMIC DESIGN



FALL 2025



MODULE 1 WORKSHEET

What Is True Sky Astrology and Why It Matters

Orientation

This first module invites you to re-enter relationship with the TRUE living sky — to remember that astrology was never meant to be a static map but a mirror of the cosmos itself.

Take this week to slow down, to look up, and to begin listening to the language of light.

Part 1 — Returning to the Living Sky

Reflect on the following, and answer them in your journal:

1. When you look at the night sky, what feelings arise?
2. How have you previously related to astrology — as information, as identity, or as initiation?
3. What shifts within you as you realize that tropical astrology and True Sky (IAU-based) astrology describe *different actual skies*?
4. What does “relationship with the stars” mean to you personally?



Part 2 — Plot Your True Sky Placements

Visit masteringthezodiac.com and pull your **True Sky birth chart**. Generate your chart by entering your details. Once your chart is generated, click the 'placements' tab under the chart to record your True Sky Placement. Then return to the Astrological Wheel (birth chart) and familiarize yourself with the glyphs (symbols) for the planets and constellations.

Using your chart, write down the actual constellations for each of your primary placements below:

Placements	Constellation	Draw the Glyph
Sun		
Moon		
Rising / Ascendant		
Mercury		
Venus		
Mars		
Jupiter		
Saturn		
Uranus		
Neptune		
Pluto		
Chiron		
North Node/South Node		
MidHeaven (MC)		



Part 3 — Constellation Contemplations

We will go into more specifics around the constellations and meanings as the training progresses. For this week, I am asking you to feel. Close your eyes, focus on your heart, listen to your soul. Intuit your relationship with your energetic signature.

Reflect on the following questions in your journal:

- What does my life-force energy (Sun placement) feel like and how does this guide me as I move through the world?
- What does my internal energy (Moon placement) feel like and how does this guide me as I move through my thoughts and emotions?
- What does my Soul Mission (Midheaven placement) feel like and how does this guide me as I evolve and build purpose?



Part 4 — Embodied Practice

Tonight, step outside and spend a few minutes under the actual sky. Locate at least one constellation on the ecliptic. Note: currently the sun is in the Constellation of Virgo. So the night sky holds the opposite constellations. Look for Orion's Belt and orient yourself from there. Orions belt is between Gemini and Taurus.

Breathe, observe, and allow a word, image, or sensation to arise. Record what you perceive below:

- Primary constellation observed: _____
- Other curious constellations: _____
- Words or feelings received: _____