

# COSMIC DESIGN

MODULE 4 WINTER/SPRING 2025  
WORKSHEET

# THE FOURTH CHORD OF CONSCIOUSNESS

## *Soul Contracts & Healing to Wholeness to Holiness*

**(Pisces to Virgo)**

*"There is a wisdom in your becoming—soft, precise, and divinely timed. You came to remember not only who you are, but why."*

As Pisces teaches us to connect inward, dive into our more inner depths, and listen to our soul ...  
Virgo invites us to restore, to heal, and to connect to the medicine of this lifetime.

This chord awakens the remembrance of your soul contracts—those luminous threads woven before birth. Each contract carries the possibility of healing, purpose, and personal gnosis.  
This is your space to explore them.

This is the chord of true soul wisdom—the luminous energy created through all incarnations, etched into your being with threads of love, learning, and liberation. Wisdom guides us to heal, to serve, and to remember who you truly are.

This worksheet is an invitation to explore what you came here to do, who you came here to become, and what you are ready to release or reclaim on your path of embodied soul wisdom.

# **GUIDED REFLECTION PROMPTS**

1. What are you healing in this season of your life?
2. What feels like your soul's mission or sacred work?
3. What are you deeply drawn to right now?
4. What is grabbing your attention that doesn't "make sense"?
5. If you could do one thing regardless of financial flow, what would it be?
6. When someone asks what you believe in, what do you say?
7. What is most important to you in this life?
8. How do you define safety?
9. How do you define happiness?
10. How do you define health?
11. What helps you stay present and connected?
12. What does soul love feel like to you?

# STREAM-OF-CONSCIOUSNESS WRITING

WRITE FOR AT LEAST THREE PAGES FOR EACH REFLECTION

Let your pen move freely across the page. No filters. No edits. Just truth.

- “Right now, my soul wants me to know that...”
- “If I surrendered to my mission, I would...”
- “The place within me that is still healing feels like...”
- “My relationship with the unseen realms is...”
- “The energy I am calling in for the next season of my soul’s path is...”

# PLANETARY ARCHETYPES: MARS & SATURN

## **Mars: Bravery, Courage & Trust**

Mars is the initiator—the sacred spark that ignites our soul’s becoming. It asks you to act on instinct, to trust what stirs you, and to move even when unsure.

### **Reflection:**

- Where am I being asked to be brave in my life right now?
- What would courage look like in my healing process?
- Where do I need to trust myself—and my soul contracts—more deeply?

## **Saturn: Safe & Sacred Space**

Saturn is the architect—the sacred container that holds what matters most. It invites devotion, discernment, and the construction of structures that protect your soul’s wisdom.

### **Reflection:**

- What does a safe and sacred space feel like in my body, home, and relationships?
- What boundaries support the flourishing of my soul work?
- How do I create time and space for what’s sacred?

# FINAL INTEGRATION REFLECTION

Take a breath. Place a hand on your heart. Let the answers settle.

- In one sentence, what have you remembered from the conversations with the aspect of soul in the cave of your heart?
- What will you honor going forward—no matter how slowly, softly, or silently it calls?
- What part of your soul contract feels ready to be embodied now?