



COSMIC DESIGN



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MODULE 3 Part 9 - AI Transcript

Welcome to module three part nine is our final lecture of module three, so if you've gotten this far, congratulations. This has been the first of our big modules of new information, exciting codes, soul activation, and conversations of consciousness, and how we read the energies that swirl around us at all times. So welcome to the final video and part nine of module three. This again is one of those mystical, metaphysical lectures, so if it doesn't resonate with you, pause the video now and come back and listen at another time.

We talk about channeling and star family. Let's first begin by differentiating channeling and intuition. These are my own personal definitions based on my personal experience. Intuition is a channel. It is a connection to another realm of information. It is an opening to receive that information that comes through you, that feels like it's a dream or a memory without the context of the experience. It's the information that feels like, "Oh, I know this," or it's that first kind of gut reaction where we think, "This is the right answer," or "This is what I should be doing." It's that intuitive hit of this is a yes, this is a no. It's really subtle, or it can feel really big.

Now, that's an important thing to cultivate, of course, especially as we're doing Cosmic Design and starting to intuit and feel into the codes, not just intellectualize the codes. Intuition is a huge part of this training. It will continue to be a part of your practice, and tuning into your own intuitive insights—those hits, those downloads, those feelings without really knowing why—are essential when we're reading charts. So definitely keep honing in on your intuition, focusing on your intuition, and welcoming that intuition to rise.

So then, if intuition is that experience, what then is channeling? Channeling is more of a direct conversation with a being beyond time and space. Most often, you will hear people channeling higher beings. You will hear people channeling spirit guides, angels, or ancestors, and it becomes as if that being is speaking through you. You will see this with psychics, with mediums, with people who claim to have access to beings on the other side of the veil or in



the higher dimensions. Again, it gets super metaphysical, super mystical, very quickly.

In order to open yourself to channeling, you have to check in with your belief system. Do you believe in angels? Do you believe in spirit guides? Do you believe in higher dimensional beings? Do you believe in your ancestors? That's where you need to start when you are connecting to a practice of channeling. If you aren't at a place where you can even open yourself to that belief system, it is very unlikely that your channel will open. However, there are many stories where people just all of a sudden start channeling—they out of nowhere become the source or the point of contact for a higher set of beings or for an individual being. So that does happen.

But if you're looking to cultivate your channeling practice, we need to first start with that belief system. Belief is energetic. We need to believe something before we perceive it. It goes into the law of attraction; it goes into magnetism. If you believe something before you perceive it, you are more likely to experience it. Now, this is an inversion from our contemporary culture, where we have to see it and then we'll believe it, right? I believe that we can believe it first, and then perceive it. Belief is energetic. We need to believe something before we experience it. We need to believe that it is possible, and then we will perceive it. It's the law of attraction. It's magnetism.

Now, this is different from what our contemporary culture teaches. Our culture teaches that we only believe something after we see it. That inversion keeps us locked in a stagnant, stuck relationship. When we expand our belief, when we believe something before we perceive it, then we create the relationship, we attract the energy, we become magnetic toward that thing. So when you are working on a channeling practice, you have to first believe that it is possible.

The second step is to hone into the being or beings that you are wanting to contact. So this then leans into the conversation of star family, what that is, and how we might be in contact with our star family. If you believe that channeling is possible, then you believe that you can communicate with something, someone, or some group of beings beyond the veil. Star family refers to our group of beings that exist on other planets, star systems, and other dimensions.

For a lot of people who believe in this mystical connection, they have a particular constellation that seems to draw their attention—be it Orion, the Pleiades, the Arcturians, or maybe the Sirians from Sirius. There are so many different groups of beings that exist in folklore, oral tradition, and galactic history that really push beyond the boundaries of what is considered normal or accepted. So this next part of the channeling practice is the question: do we accept and believe that there might be beings out there that exist on other planets? And if so, are we connected to them? Are we part of that greater galactic family? Are we connected to star systems that might have intelligent beings that we could communicate with telepathically?

It gets super mystical, super quickly. So pause now, check in with yourself, and see how this is resonating. If this feels too far out there, pause the video and come back another time. If you are willing to lean into this belief system—that there might be other beings out there who we can communicate with—then this practice of channeling and star family connection is for you.

So again, the first step is checking in with your belief system. The second step is basically asking yourself, “Who am I going to call? Who am I going to connect with?” There is absolutely a more personal connection when we are channeling our ancestors. We know who they were. We have a genetic, blood-code relationship to them. Maybe it’s a couple of generations back, or maybe it’s an ancient ancestor coming through. That also gets more mystical.

Maybe we’re connecting with a religious guide. Maybe we have a belief system where we want to pray to Jesus, to call him into a conversation through prayer. That in and of itself is an act of channeling. You are opening your channel to have a direct conversation with a being that does not exist in this time or space. Many people pray to Jesus, many people channel the Buddha, many people talk to the prophets and the saints. These are all ways of channeling into beings that exist in other realms and dimensions. Prayer in and of itself could be considered an act of channeling.

Now, then we go into that third category of other beings—star family, mystical experiences with other intelligences that might exist somewhere in the universe. So we have the ancestors, we have more of the religious

beings, and then we have the interdimensional or extraterrestrial beings. All of this still exists in the realm beyond the five senses, all of this still exists in other realms and dimensions.

When you are channeling, you are connecting with beings that exist on the other side of the veil. You are opening yourself up to a conversation with beings that are not in your immediate time-space reality. So again, this is a question—this is your third question: do I feel safe to have this conversation? Do I feel safe to open this channel? Safety is essential when we go into the practice of channeling. You have the question of “Do I believe?” You have the question of “Who am I going to contact?” You have the question of “Do I feel safe?” And then the fourth question, which creates the container of the channeling, is “Do I desire to receive the information? Do I desire to open the channel and be a conduit for that information that will come?”

Desire is important because it amplifies our energetic field to be a receiver. We essentially are technology—biological technology—but we upload and download information into the field just the same way a computer uploads and downloads information. If we are comfortable with our phones being receivers and givers of information, if we are comfortable with the Wi-Fi of our computers creating a potent stream of information up into the cloud and back down, we are already experiencing invisible realms of energy exchange. Channeling is not all that different. We simply have to turn it on. We have to turn our Wi-Fi on to be a receiver, and this is where desire becomes important.

So we have belief, we have who we are contacting, we have the question of safety, and then we have desire. It's the on switch to the practice of channeling. “I desire to contact ____ to ask ____ a question because ____.” Why are you doing it? The why is super important, because if we're being irreverent, disrespectful, or careless, then opening the channel is not an effective practice. We shouldn't turn our Wi-Fi on if we're not clear about why we're doing it. The essence of desire is essential in the practice of channeling.

As you lean into this, I really request that you create safe and sacred space. If you're going into a practice of channeling, give yourself time. The first time you sit down, probably nothing will come through. Maybe not the

second time, the third time, or even the fourth. But like any practice, the more we show up, the more we develop a relationship with it. Similar to the first time you did meditation or yoga—it didn't feel great, you thought, "I don't get it, this isn't working." But you keep showing up, you keep practicing, you keep creating that space, and eventually it will turn on, and you'll feel the communication with that being or set of beings you're attempting to connect with.

So again, you must set sacred space. You must be reverent. This is an act of devotion, of communicating beyond the veil. This is nothing to be irreverent about or to be flippant about. This is serious work. So set your space, make it sacred, make it feel safe. Make sure you're in line with belief that this is possible. Be specific about who you want to communicate with. Know what you're communicating and why, and of course, ensure safety.

I want to finalize one thought before closing out this lecture. When we practice channeling, occasionally the call will come from the other side. As you develop your channel—your opening, your telephone line, your Wi-Fi signal—you need to be mindful to turn it off the same way you turn it on. We'll go into a deeper practice of this in later lectures, where I'll give you a script of how to turn on your channel and create that sacred space. But as you start to play with this, make sure you turn your channel off, or intentionally give consent to be someone who can be called into.

So how do we turn our channel off? We say, at the end of our channeling session, "I am no longer open to receive. The portals that were open for this transmission are now officially closed." That sentence—"The portals that were open for this transmission are now officially closed"—will close your channel so that you can drop more fully into your human. When you do that, you'll essentially turn off your Wi-Fi signal.

Again, it's possible you might get a call—something might ping in, an ancestor might drop in—but if you're intentional about setting your space, activating your belief, communicating specifically, checking in with your safety, and making sure your why is aligned with reverence and devotion, then you can create that sacred space and close it with integrity. That's how you begin engaging with your channeling practice.

And the final thing I want to say is that if you're curious about who your star family might be, spend time looking up at the sky and seeing which constellations draw your attention. Maybe it's Orion. Maybe it's the Pleiades. Maybe it's Cygnus. Maybe it's Cassiopeia. Sit with those constellations and ask, "Are there beings orbiting these stars who want to communicate with me? Do I have a connection to them the way I have a connection to my ancestors?"

Pretty mystical. Pretty metaphysical. So take it or leave it. If this practice resonates with you, slowly start to engage with it. If it doesn't, that's okay. Take your time, set your space, and make sure you are safe.

As always, thank you so much for being here.