

COSMIC DESIGN

MODULE 2 WINTER/SPRING 2025
WORKSHEET

EXPLORING THE DIVINE MASCULINE, DIVINE FEMININE, AND ASTROLOGICAL BALANCE

This worksheet is designed to help you reflect on the interplay between the Divine Masculine, the Divine Feminine, and key astrological elements, including Capricorn, Cancer, and your Rising Sign. Answer the prompts thoughtfully and intuitively.

Section 1: The Divine Masculine

The Divine Masculine represents structure, action, logic, and protection.

1. What qualities do you associate with the Divine Masculine?
List at least three.

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2. In what ways do you embody the Divine Masculine in your daily life?

3. How do you feel about discipline, structure, and goal-setting? Do they come naturally to you, or do they require effort?

4. What does healthy masculine energy look like to you? How does it feel when it is out of balance?

Section 2: The Divine Feminine

The Divine Feminine represents intuition, receptivity, creativity, and nurturance.

5. What qualities do you associate with the Divine Feminine?

List at least three.

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6. How do you express your Divine Feminine energy in your life?

7. How comfortable are you with surrender, intuition, and flow? Do you resist or embrace these aspects?

8. What does a healthy feminine energy feel like to you? How does it feel when it is out of balance?

Section 3: Capricorn & Cancer – The Axis of Mastery and Nurturance

Capricorn (Earth, Cardinal) is associated with mastery, responsibility, and long-term vision.

Cancer (Water, Cardinal) is associated with emotion, care, and deep inner security.

9. How do you relate to the qualities of Capricorn (structure, ambition, perseverance)? In what areas of life do you feel most connected to these traits?
10. How do you relate to the qualities of Cancer (nurturing, emotion, intuition)? In what areas of life do you feel most connected to these traits?

11. Do you find yourself more naturally inclined toward Capricorn's discipline or Cancer's emotional depth? Or do you feel balanced between the two?

12. How do you balance ambition and emotional well-being in your life?

Section 4: The Importance of Your Rising Sign

Your Rising Sign (or Ascendant) represents the energy of your life map and the energy you are learning to embody in this lifetime.

13. What is your Rising Sign? (If you don't know, you can look it up using your birth time and place.)

- My Rising Sign is: _____

14. How do you feel about the traits associated with your Rising Sign? Do they resonate with how others perceive you?
15. How do you think your Rising Sign influences the way you interact with the world?
16. What are some ways you can embrace the lessons of your Rising Sign more fully?

Final Reflection

17. Reflecting on this worksheet, where do you feel the greatest balance between these energies (Divine Masculine, Divine Feminine, Capricorn, Cancer, and your Rising Sign)?
18. Where do you feel the most imbalance? What steps can you take to bring more harmony into these areas?

